



THE
**FIRST AID
COLLECTIVE**

FAQs



What is the First Aid Collective?

The First Aid Collective has partnered with [Safeguarding Nightlife](#) to provide industry-standard training to individuals in the Entertainment and Hospitality sector. The Level 3 Award in Emergency First Aid at Work (with Trauma and Controlled Substances) (RQF) 1-day course is a Recognised Regulated Qualification and prepares individuals to respond effectively in emergency situations, especially those related to knife attacks, acid attacks, spiking, and glassing/bottling incidents that may occur in late-night premises.

In addition, we have incorporated a unique training programme that teaches participants on how to manage incidents involving trauma (catastrophic bleed) and controlled substances.

Through this bespoke training, tailored around night time spaces, trainees will have the opportunity to learn how to quickly assess the situation and administer appropriate first aid in high-pressure scenarios. They will also learn techniques to stay calm and focused under pressure, which is critical for managing any emergency situation.

Moreover, exposure to realistic scenarios can be an effective way to help trainees build confidence and develop practical skills that they can apply in real-life situations. The First Aid Collective is providing hands-on training that is relevant to the specific risks and challenges faced by individuals working in the late night Entertainment and Hospitality sector.

When is it?

Bookings are now available. The First Aid Collective training is tailored to the needs and requirements of individual businesses and organisations. We understand that different businesses and organisations may have different scheduling needs and availability, and we aim to be as flexible as possible in accommodating these needs.

If you are interested in participating in First Aid Collective training via Safeguarding Nightlife's [Night Safe Champion](#) programme, we encourage you to [get in touch](#) to register your interest.

And please refer to the following [FAQs](#).

If you would like to enquire about enrolling onto the First Aid training course independently, outside of the Night Safe Champion programme, please contact silvana@safeguardingnightlife.com.

How many people do I need to enrol in a course?

Ideally, we recommend that you enrol more than one person in the course. This ensures that you have support in the event of any absences or if your business operates over different shifts. The number of people you need to enrol will depend on the size of your business, but as a minimum, we recommend enrolling at least three individuals. This will help to ensure that your business has adequate coverage and that multiple staff members are equipped with the necessary skills and knowledge gained from the course.

What is the minimum number of participants required to run the course?

Each cohort has 24 participants, with two groups of 12, and a trainer assigned to each group. Please note that the number of participants can impact the overall dynamics of the course, so we aim for the minimum requirement to ensure a robust and interactive learning experience.

What happens if the minimum number of participants for the course is not met?

If the minimum number of participants for the course is not met, you will be placed on a waiting list until the minimum number is reached. We will keep you informed of any updates regarding the course and let you know as soon as the minimum number of participants has been met. We understand that this may be frustrating, but we need to ensure that there are enough participants to create an interactive and engaging learning experience for all involved. Rest assured that we will do our best to accommodate your schedule and preferences once the course is confirmed to take place.

What does it cost?

If you enrol on the Level 3 Award in Emergency First Aid at Work (with Management of Trauma and Controlled Substances) (RQF) course independently, outside of the Night Safe Champion programme, the standard cost per participant is £55.00 for the one-day training course.

*If you enrol on the [Night Safe Champion](#) programme, the cost will depend on the size of your business and the number of participants you wish to put forward for the full programme. The standard cost for the full programme per participant is £175.00 for the full three days, *including* the Level 3 Award in Emergency First Aid at Work (with Management of Trauma and Controlled Substances) (RQF) 1-day course.

Discounts may be available for larger groups or businesses who require standard Night Safe Champion education across multiple employees and locations. Additionally, a subsidised rate of £110.00 is available for individuals who are replacing a Night Safe Champion who has left the company within the 12-month period. For new employees who already have Night Safe Champion accreditation, there is an administration charge of £25.

The cost of the refresher course, which is offered one year after completing the initial Night Safe Champion programme, is £110.00 per person (without the First Aid training element).

Please note that these prices are subject to change.

What does the course cover?

Emergency First Aid: Basic Training

- Introduction to First Aid
- Assessment of the Situation
- Primary Survey and Secondary Survey
- Cardiopulmonary Resuscitation (CPR)
- Airway Management
- Bleeding and Shock
- Burns and Scalds
- Choking
- Injuries
- Medical Conditions
- First Aid Kits
- Recording and Reporting
- Challenges in night time spaces

Emergency First Aid: Managing an Incident Involving Trauma (Catastrophic Bleed)

- Introduction to Catastrophic Bleeding
- Safety and Scene Assessment
- Applying Direct Pressure
- Use of Haemostatic Agents
- Application of Tourniquets
- Wound Packing
- Managing Shock
- Communication and Reporting
- Hands-On Practice
- Emergency Evacuation Considerations
- Legal and Ethical Considerations
- Continuous Monitoring

Emergency First Aid: Managing an Incident Involving Controlled Substances

- Introduction to Drug Abuse and Overdose
- Scene Safety and Assessment
- Scene Safety and Assessment
- Conducting initial patient assessment and ongoing monitoring.
- Naloxone Administration
- Paracetamol Administration
- Assisting Breathing
- Monitoring and Supporting Conscious Individuals
- Dealing with Aggressive or Uncooperative Individuals
- Communicating with Emergency Services
- Debriefing and Reporting
- Legal and Ethical Considerations
- Hands-On Practice and Scenario Training

Who will be delivering the Course?

Our training sessions are conducted by current or former industry specialists who possess firsthand, practical experience in their respective fields within the night-time economy.

Our scenarios are drawn from real-life situations that commonly occur in night time settings, and they are developed in collaboration with leading experts from ambulance, fire, operations, and security sectors.

We go beyond merely imparting information; our emphasis is on instilling participants with the confidence to apply their newfound knowledge effectively. Our unique delivery approach holds the potential to make a meaningful difference in potentially life-saving situations.

How long is the course?

The Level 3 Award in Emergency First Aid at Work (with Management of Trauma and Controlled Substances) (RQF) course consists of 1 day of training. The training consists of both theory and practical components, which is essential for providing a well-rounded learning experience.

The training is usually conducted at late-night premises allowing trainees to familiarise themselves with the environment they are working in and the potential risks associated with it. This can help to ensure that they are better prepared to respond to any emergencies that may arise.

Additionally, the one-day duration of the course makes it accessible to busy professionals who may not have a lot of time to spare for training. It's a great way to ensure that individuals working in the Entertainment and Hospitality sector can receive the necessary training to respond effectively in emergency situations without disrupting their work schedules.

How do we show that we have been accredited?

Participants not only receive the standard Highfield Level 3 certificate, which is valid for 3 years, but also an additional certification for effectively handling incidents involving trauma and controlled substances. Participants who attended our First Aid course independently, outside of the Night Safe Champion programme, will receive:

1. Logo: You can add the First Aid Collective logo to your website, email signature, or any other relevant marketing materials. This logo serves as a visible symbol of your qualification and commitment to promoting safe and secure communities.
2. Certificate: You will receive a certificate of Level 3 Award in Emergency First Aid at Work (with Trauma and Controlled Substances) (RQF) status, which can be displayed in a prominent location in your premises or office. This certificate serves as a formal acknowledgement of your qualification.
3. Merchandise: You will have the option to purchase merchandise such as high-visibility vests or armbands with the First Aid Collective logo to further promote your training.
4. Posters: A selection of posters will be provided for you to display around your premises or office, promoting the First Aid Collective qualification and encouraging feedback from customers or clients.

By utilising these various methods of promotion, you can effectively communicate your Level 3 Award in Emergency First Aid at Work (with Trauma and Controlled Substances) (RQF) status and demonstrate your commitment to ensuring safe and secure communities.

*Individuals who complete the [Night Safe Champion](#) programme, there are several ways in which you can demonstrate that you have been accredited as Night Safe Champions:

1. Logo: You can add the Night Safe Champion logo to your website, email signature, or any other relevant marketing materials. This logo serves as a visible symbol of your accreditation and commitment to promoting a safe and secure night time economy.
2. Metal pin badge: You will be provided with a metal pin badge that you can wear to indicate your Night Safe Champion status. This badge is a tangible way to show your dedication to the program and promote it to others.
3. Certificate: You will receive a certificate of Night Safe Champion status, which can be displayed in a prominent location in your venue or office. This certificate serves as a formal acknowledgement of your accreditation.
4. Night Safe Champion Passport: You will be issued with a Night Safe Champion Passport, which will document your progress and participation in the program. This passport serves as a useful tool for tracking your learning and development as a Night Safe Champion.
5. Merchandise: You will have the option to purchase merchandise such as high-visibility vests or armbands with the Night Safe Champion logo to further promote your accreditation.
6. Posters: A selection of posters will be provided for you to display around your venue, promoting the Night Safe Champion program and encouraging feedback from customers. Feedback obtained will be held confidentially and will form part of your annual assessment review.

By utilising these various methods of promotion, you can effectively communicate your accreditation as a Night Safe Champion and demonstrate your commitment to ensuring a safe and secure night time economy.

When is the refresher course offered, and what is the cost?

The refresher course is offered one year after the completion of the initial training course. The cost of the refresher course is £110.00 per person (without the First Aid Training).

Please note that these prices are subject to change and may vary depending on specific circumstances. We recommend contacting us directly for the most up-to-date information on pricing and availability of the refresher course.

If you would like to register your interest in the Night Safe Champion programme for yourself or your staff, please complete the form on the [Safeguarding Nightlife](#) website.

